

South Central Zone

Senior High School Sports Handbook

May 2007

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Policies

Code of Ethics

Adults who work with students in inter-scholastic activities should present a positive role model for them to emulate. Students who represent a school in inter-scholastic activities must be creditable school citizens.

The South Central Zone (SCZ or Zone) recognizes that the school administration is responsible for all athletic programs and the conduct of all school representatives, whatever the level and location of the competition. In recognition of this authority and responsibility, the Zone presents the following general guidelines.

- I. All competitions must be conducted with a high standard of courtesy, fair play and sportsmanship. All those involved share a responsibility.
 - a. Coaches
Coaches must demonstrate qualities of courtesy and good sportsmanship. These are evidenced by proper acceptance of officials' judgments, positive

encouragement of player performance and bench behaviour.

b. Athletes

Athletes must demonstrate qualities of courtesy and good sportsmanship by proper acceptance of officials' judgments, and by showing proper respect for opposing athletes as well as for team mates.

c. Fans

Fans must demonstrate courtesy and good sportsmanship by the appropriateness and timeliness of cheers, respect for other fans and the athletes, and attempts at effective crowd control.

d. Spectators

Spectators, both student and adult, must demonstrate courtesy and good sportsmanship by positive cheers of encouragement for their team, not against their opponents. This is evidenced by the absence of booing and vulgarities. Spectators must also show proper acceptance of officials' judgments. The use of air horns at Zone competitions is prohibited.

e. Administrators and teachers

Administrators and teachers must demonstrate courtesy and good sportsmanship by setting a positive example.

2. All players, coaches, supervisors, and officials must be a staff member of that school or an agent of the board.
3. Every school team must be coached or supervised by a staff member of that school or an agent of the board.
4. During competition, every school team must be accompanied by a teacher-coach, teacher-supervisor or an agent of the board

5. Participants who require overnight accommodation should be supervised by a chaperone of the same sex, approved by the school jurisdiction.

Administrators, teacher-coaches, advisors or agents of the board must assume responsibility for the implementation of this code. School administrators must be advised of breaches of desirable practices on the part of students or coaches. Tournament chairmen should alert the Zone Executive to discipline problems associated with the conduct at provincial competitions.

Good sportsmanship cannot be legislated; it must be a goal toward which the Zone and its members strive

General

Memberships

- I. Membership shall be open to any senior high school in the SCZ which has paid its annual fee according to the following scale:

Senior High Classification

No. of Students	Classification	Fee*
800 plus	4A	\$85.00
300-799	3A	\$85.00
100-299	2A	\$80.00
1-99	1A	\$75.00

*Fees are payable by October 15 of the current school year or a \$50.00 penalty will be assessed.

2. Registration of schools for Zone membership shall be the responsibility of the individual school. A single fee per school shall cover membership only. Additional fees shall be administered to cover the cost of annual basketball and volleyball score pads. As well as any new rulebooks requested by individual schools.
3. All member schools must ensure all fees, fines or other financial matters involving SCZ competitions are paid in order to remain a member in good standing and eligible for Zone competitions.
4. In-house grade 9 teams (of senior high schools) must declare their level of play (junior varsity or junior high) by October 15 for volleyball and January 15 for basketball.
5. Applications from schools outside the SCZ shall be considered by the general membership.
6. The procedure for transfer of senior high schools between the SCZ and another zone shall be:
 - a. Application by September 15 of the current school year to the SCZ Executive and the Alberta Schools Athletic Association (ASAA) Executive.

- b. Approval of the school and the two zones involved.
- c. Approval of the ASAA.

Meetings

1. There are generally two meetings a year. The fall meeting shall be held the third Tuesday in September and the spring meeting shall be held two weeks prior to the ASAA spring meeting.
2. Each jurisdiction within the SCZ shall send a maximum of three representatives to the fall and spring meetings. Each jurisdiction shall be allowed one vote per school classification represented in their jurisdiction for matters other than general business. All delegates get one vote on general business matters.
3. The Zone shall pay expenses for all approved delegates to the general meeting of the ASAA. These expenses are those outlined in ASAA policy.
4. If needed, and at the request of the delegates to ASAA general meetings, the SCZ will cover the cost of the substitute teachers.
5. The spring meeting location is determined by a rotation and the fall meeting will be in Strathmore as long as Leslie Larson is Zone Secretary.
6. The spring and fall meetings of the SCZ will start at 10:00 am.
7. Voting in the new Executive takes place at the spring meeting.
8. The Executive - Secretary, President and Vice President, Junior High - shall rotate on a two-year basis by geography. For ease of transition, the Vice President, Junior High shall be from the same division as the president.

Geography by School Board

Foothills	Foothills Composite, Oilfields, Holy Trinity Academy, Strathcona Tweedsmuir, Highwood
Rocky View	Chestermere, Bert Church, George McDougall, Springbank, Cochrane, Bow Valley High, Beiseker, WG Murdoch, Airdrie Koinonia
Chinooks Edge South/Bow Valley	Sundre, Olds, Didsbury, Cremona, Carstairs, Olds Koinonia, Banff, Canmore
Golden Hills	Strathmore, Hussar, Standard, Central Bow Valley, Siksika, Drumheller, Three Hills, Acme, Prairie, Carbon, Trochu
Grasslands	Brooks, Rosemary, Duchess, Tilley, Bassano, Berry Creek, St. Joseph's Collegiate
Prairieland	Morrin, Delia, Hanna, Youngstown, Oyen
Christ the Redeemer	St. Anthony's, St. Joseph's, Notre Dame, Holy Cross, Our Lady of Snows

Executive Rotation

2009-2011	Chinooks Edge South/Bow Valley
2011-2013	Golden Hills
2013-2015	Rockyview
2015-2017	[REDACTED]
2017-2019	[REDACTED]

(April 2001)

9. Semi-annual meeting agendas are as follows:

10:00 am to 12:00 pm – SCZ General business

12:30 pm to 1:30 pm – Jr. & Sr. High Small group discussion

1:30 pm to 3:30 pm - New business from small group discussion.

(September 2010)

Activities

1. All athletic activities are sponsored by SCZ by-laws and policies.
2. Each Zone competition shall be organized and administered by a committee from the host area.
3. Each activity shall be governed by a code of rules as stated in the policy for that activity unless otherwise ruled by the general membership.

Zone Competition

1. Dates and locations of the competitions shall be ratified at the spring meeting.
2. All host bids shall be received no later than the fall meeting and if there is no bid for the competition at the fall meeting the Executive will select the host from late bids submitted. Junior high bids are rotated by division.
3. Failure by a participant to confirm their attendance by fax or e-mail to the Zone host by the host's deadline will result in exclusion from that Zone competition.
4. Failure by a participant to let the Zone host know whether or not they are participating will result in the school paying the entire entry fee if less than two weeks notice is given.

Failure to pay the fee results in excluding that school from further competition until the fee has been paid.

5. ASAA provincial competition bids by a SCZ school must be endorsed by Zone members.
6. The SCZ will endorse only one provincial competition bid for a single provincial championship.
7. Consecutive hosting of a competition will not be endorsed for provincial or Zone competitions if there is another competitive bid from another area or division school.
8. Only schools in the same classification may vote on the selection of a Zone or provincial competition host.
9. Provincial and Zone competition bids will be brought before the SCZ spring meeting.
10. Any Zone competitions which do not have hosts following the spring meeting will be noted on the SCZ website. After one month the Vice President may solicit and name competition hosts.
11. Zone competition hosts will be posted on the SCZ website by mid June- for the next school year.
12. Rotation of SCZ hosts for 3A volleyball and basketball (Spring 2006) are as follows:

Host Groupings

Group A	Group B	Group C	Group D
Bow Valley	George McDougall	Bert Church	Cochrane
Holy Trinity	Highwood	Strathmore	Brooks
Chestermere	Canmore	Olds	Springbank
			Foothills

Senior Varsity Rotation

Year	Girls VB	Boys VB	Girls BB	Boys BB
2009-20 10	B	C	D	A
2010-2011				
2011-2012	D	A	B	C
2012-2013	C	D	A	B

Junior Varsity

Year	Girls VB	Boys VB	Girls BB	Boys BB
2009-20 10	C	B	A	D
2010-2011	D	C	B	A
2011-2012	A	D	C	
2012-2013	B	A	D	C

No school should host more than one Varsity team zone championship within a school year. Should an unforeseen event occur the hosting should stay within the host grouping first. (April '06)

Sport Commissioners

I. The conditions of appointment of Sports Commissioners shall be as follows:

- a. Appointments to the roster of sport commissioners shall be ratified by the general membership.
- b. They shall be appointed from among the school staff members of SCZ member schools.
- c. Commissioners shall serve for a period of a minimum of two years and a maximum of four

years.

d. A vacancy occurring during a term of office shall be filled by an interim appointment by the Executive, such appointment to be ratified by the general membership at the next meeting.

2. The duties and responsibilities of Commissioners shall include the following:

- a. Co-ordination of Zone competition
 - i. At least three weeks prior to the event, assure all areas of the Zone are represented at the competition.
 - ii. Prepare the initial draw, where applicable, for the Zone competition and present it at the fall meeting for ratification.
 - iii. Recommend provincially certified neutral officials for Zone competition where feasible.
 - iv. Obtain appropriate awards for the Zone competition and forward them to the tournament host.
 - v. Within three weeks of the completion of the event, ensure the tournament co-ordinator forwards a financial statement to the SCZ Vice President.
 - vi. Submit a brief report on the tournament to the tournament host with a copy to the Vice President.
 - vii. Obtain a team sport commitment from each school, signed by the principal, three weeks prior to the competition.
- b. Co-ordinate a coaches' meeting once a year.
- c. Review all policies regarding the sport and make

- recommendations for change at a general meeting.
- d. Attend Zone championships and provincial or regional competitions if possible.
 - e. Be familiar with new developments in rules, equipment, coaching techniques etc.
 - f. Distribute information such as noted in e.
 - g. Present recommendations to Zone tournament chairmen, the SCZ Executive and member schools.
 - h. Act as a consultant to meetings and committees conducted by people in the sport.
 - i. Encourage the development of their sport through newsletters, talks and other forms of publicity and promotion.
 - j. Liaise with provincial sport governing bodies, the SCZ Executive and the ASAA Sport Commissioner.
 - k. Write reports, keep records and forward them to the next Commissioner.
 - l. Whenever possible, submit dates for the following year's competition and interested hosts.

New Activities

New activities to be sponsored by the Zone shall be adopted according to the following procedures.

The activity may be proposed after due notice of motion without detailed policy at a meeting of the general membership. If approved, the activity may be implemented in one of the following ways:

1. By assigning it to an area to conduct on trial basis. The host would prepare detailed policy for the initial competition.
2. Proposed policy is submitted at the same time as the proposal to approve the activity, provided proper notice of

motion is given for both.

3. ASAA Handbook

Any situation that is not covered by our policy handbook is dealt with according to the ASAA handbook.

Areas of Competition

SCZ senior high activities shall be administered through eight geographic districts. These districts shall be:

SCZ Area	School Board(s)	Schools	Towns/Cities
Bow Valley	Canadian Rockies	Canmore Collegiate, Banff Community, Our Lady of the Snows	Canmore, Banff
	Foothills	Foothills. Christ the Redeemer	Foothills Composite. Highwood. Notre Trinity, Tweedsmuir, Edison
			Composite. Oilfields. Holy Strathcona
			High River. Okotoks. Black Diamond
Grasslands	Grasslands, Christ the Redeemer	St. Joseph's, Brooks Composite, Bassano, Tilley, m Rosemary, Duchess	Brooks, Bassano, Tilley, Rosemary, Duchess
	Chinooks Edge South	Chinook's Edge	Olds, Sundre, Didsbury, Hugh Sutherland. Olds Kononia, Cremona
			Carstairs, Okotoks, Sundre, Didsbury, Cremona
	Rangeland	Prairieland. Prairie Rose. Christ the Redeemer	Morrin. Delia. IC Charyk. South Central, Youngstown, St. Anthony's
			Hanna. Oven. Delia. Cessford, Youngstown, Morrin
	Rocky View	Rocky View	Chestermere. Bert Church. George McDougall. Springbank Community, Cochrane. Bow Valley, Beiseker, WG Murdoch, Airdrie
			Koinonia
	Three Hills	Golden Hills	Drumheller Composite. Acme. Carbon. Three Hills, Prairie Christian Academy, Trochu Valley
			Acme. Carbon, Drum heller, Three Hills, Trochu

Wheatland	Golden Hills, Christ the Redeemer	Strathmore, Standard, Hussar, Central Bow Valley, Siksika	Gleichen, Strathmore, Standrad, Hussar, Siksika Nation
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Competition

A competition is viewed as a league game, exhibition game or a tournament.

Eligibility

- I. All questions regarding eligibility of players except as herein provided must be referred to an eligibility committee, which shall consist of the SCZ Executive.
2. The competitor must be a bona fide student of a SCZ member school. A student becomes a bona fide student of a school on the first day of classes beginning the term of semester in the school in which he/she is registered. In the case of transfer from one school to another, the student shall become a bona fide student in the new school upon the date of his/her first attendance at classes following the acceptance of his/her transfer in by the principal.
3. The competitor must be registered in a minimum of 800 instructional minutes per week for which departmental credits are granted. Correspondence courses can be included as instructional minutes for students registered at

- IA classified schools.
4. A senior high competitor must be under the age of nineteen years on September 1 of the school year. A junior high competitor must be under the age of seventeen years as of September 1 of the current school year.
 5. It must be the opinion of the principal of the school that it is in the best interest of the competitor and of the school board as a whole for him/her to participate.
 6. Any student who is, or has been, registered and in attendance at a post secondary institution shall not be eligible for high school competition.
 7. Students shall be eligible for competition for three consecutive years after registering in grade 10.
 8. In IA classified schools, grade 9 students register for participation in Zone basketball, volleyball, curling, cheerleading, and golf competitions.
 9. In-house grade 9 teams (of a senior high school) must declare their level of play by October 15 for volleyball and January 15 for basketball.
 10. The principal of each school shall be responsible for the eligibility of the school's competitors for any competition.

Junior Varsity

1. The junior varsity program must be a high school program.
2. Teams registering in volleyball and basketball must declare their classification (junior high, junior varsity or senior varsity) on school registration forms. Forms are due by October 15.
3. A student shall be eligible for junior varsity competition for three consecutive years after registering in grade 9. The first year in grade 9 is considered the first year of eligibility. Note that students in grades 7, 8 and 12 are ineligible for

junior varsity competition.

4. A team/competitor shall be eligible for participation in only one Zone championship (junior high, junior varsity or senior varsity) in any given sport. A IA team/competitor shall, however, be eligible for participation in both junior varsity and senior varsity Zone competition providing they have complied with the regulations outlined below throughout the current playing year.
5. Playing at a high level in volleyball and basketball during the season and coming down a level for Zones:
 - a. Any junior high player who plays three games/competitions or more at the junior varsity level or high school level is ineligible for junior high SCZ competition.
 - b. Any junior varsity player who plays three games/competitions or more at the varsity level is ineligible for SCZ junior varsity competition.
 - c. Any junior high team that plays three games/competitions at the junior varsity and/or senior varsity level will be required to play at the junior varsity level for SCZ competition.
 - d. There will be no limit of games for Jr. Varsity players playing up with Sr. Varsity teams or playing against Sr. Varsity teams.
 - e. High Schools will be required to declare their rosters the 8 day prior to zones for volleyball and basketball. Players may play in only one zone tournament in each sport, each year. Rosters are to be electronically submitted to the zone secretary.
6. The above applies to a bona fide student playing on an in-house or an outside school team (i.e. community team) in a

school sponsored activity.

Seasons of Play

Seasons of play for all sports, junior and senior high school, will follow those established by the ASAA.

Team Competition and Player Participation

- I. Eligibility
 - a. To be eligible for senior high school Zone basketball competition, a student is not permitted to play on an outside basketball team during the same season.
 - b. To be eligible for senior high school Zone volleyball competition, a student is not permitted to play on an outside volleyball team during the same season.
 - c. Exemptions to a. and b. may be considered for students who have been invited to participate on a provincial/national/international team by a recognized sports governing body. Written requests for specific exemptions must be submitted by the school concerned to the Executive for consideration by the Eligibility Committee.

- d. Grade 9s are permitted to play on junior varsity or junior high teams as well as community teams. (Fall 2006)
2. To be eligible for Zone competition a junior high student is permitted to play on a non-school team during the same season.
3. Competitors, coaches and teams guilty of misconduct before, during or after a Zone competition must be reported to the Zone Executive and Commissioner in charge of that section of the sport. Misconduct includes the consumption of alcohol and non-medical use of drugs.
4. The chairman of the Zone tournament committee shall have the power to suspend a player guilty of misconduct, pending action of the Executive and/or general membership.
5. All participants must be bona fide students of the school they represent. In the team activities of basketball, curling, volleyball, cheerleading and golf, all members of a team must be bona fide students of the same school.
6. In Zone and provincial competition, a school may elect to enter a team in a given activity in the classification above its school classification while still retaining its right to enter teams in other activities in the proper classification of the school.
7. Any school electing to enter a team in the activities of volleyball and basketball in a classification above its school classification must decide to do so by October 15 for volleyball and by December 15 for basketball. Failure to do so will result in the school competing in the classification designated by Zone policy, as outlined in Membership.
8. A female teacher or adult chaperon shall supervise a girl's team and a male teacher or chaperone shall supervise a boy's team where overnight accommodation is required.

9. Composite area teams in individual or dual sports shall appoint team supervision from staff or area member schools. Teachers of both genders should accompany co-educational activities.
10. Executive permission must be obtained prior to a school volleyball and/or basketball teams' participation in non-school leagues.

Registration of Players

- I. The high school principal shall sign a registration statement. It is the principal's responsibility to confirm the required eligibility qualifications.

2. Provincial registration deadlines are as follows:

Golf Registration	September 12
Volleyball & Football online registration	October 1
Cross-Country	October 5
School registration	October 10
Volleyball & Football Classification	October 15
Basketball online registration & classification	December 15
Curling & Cheerleading online registration	January 22
Wrestling team online registration	February 1
Team Handball registration	March 22
Badminton online registration	April 15
Rugby classification & online registration	May 1
Track & Field online registration	May 15

Finances

1. The intent is that all SCZ competitions be organized in such a manner as to be self-sufficient while keeping the cost to individuals/teams minimal.
2. An entry fee, subject to approval by the SCZ Executive, may be charged by the host committee of Zone competitions.
3. The SCZ Secretary-Treasurer shall receive an annual honorarium of \$4000.00. The President shall receive an annual honorarium \$500.00 and the Vice President shall

receive an annual honorarium of \$500.00. (Sept. 2009)

4. One half of SCZ delegate expenses to any ASAA meeting may be paid by the SCZ.
5. The host committee may bill the area or district co-coordinator for entry fees to individual events. This is to be paid in one transaction.
6. The finances of the SCZ will not be used to support regional or provincial competitions.
7. The host committee may bill entry fees to area or district representative who fails to confirm their non participation in a competition by the deadline.
8. The fee for participating in SCZ cross country, badminton and track and field championships is \$5.00 per participant per competition. (April. 2005)

Awards

I. SCZ individual awards shall be presented according to the following schedule.

Sport	Category	Medals	Banners
Badminton	Singles, Doubles Junior, Intermediate., Senior	Gold, silver, bronze	3
	Senior Varsity: 1A, 2A, 3A, 4A	Gold, silver and bronze	8
	Junior Varsity: 1A/2A, 3A/4A	Gold, silver and bronze	4
	Boys, Girls, Mixed	Gold, silver and bronze	3
Cross Country	Boys and Girls	Gold, silver and bronze medals; ribbons for 1 st through 10 th place	3
	Golf	1A/2A Boy. Girl. Boys' Team and Girls' Team	Gold, silver and bronze medals
Track & Field	3A/4A Boy. Girl. Boys' Team, Girls Team	Gold, silver and bronze medals	
	Boys, Girls Junior, Intermediate, Senior	Gold medals, 1 st through 4 th place ribbons in each category	3
	Volleyball	Senior Varsity: 1A, 2A, 3A, 4A	Gold, silver, bronze medals
Cheerleading squad, co-ed squad	Junior Varsity: 1A/2A, 3A/4A	Gold, silver and bronze medals	4
	Small squad, large squad	Gold, silver and bronze medals*	3
	Soccer	Boys and Girls	Gold, Silver and bronze medals

*Dependant on the number of teams registered for participation; follow ASAA guidelines for award distribution.

2. SCZ medals and ribbons shall be supplied by the Zone at the host's cost.

3. SCZ team awards are determined as follows:
- a. Trophies awarded at Zone competitions shall be SCZ approved trophies only.
 - b. Approval for new trophies may be gained only with the expressed permission of the Zone Executive.
 - c. Trophy winners shall incur engraving costs.
 - d. SCZ team trophies are awarded to the winners of the following:
 - i. All basketball classifications: junior and senior high
 - ii. All curling classifications
 - iii. All volleyball classifications: junior and senior high
 - e. The cost of championship banners is covered by event hosts:

Zone Competition Dates & Bids

Golf		Weekend before the provincial championship.
Cross Country		Ten days prior to the provincial championship.
Volleyball	Senior Varsity	Weekend before the provincial championship.
	Junior Varsity	Second weekend in November.
		Weekend preceding rural provincial competition.
Curling		Weekend before the provincial championship.*
Basketball	Senior Varsity	Weekend before the provincial championship.
	Junior Varsity	Same weekend as the senior varsity Zone competition.
Badminton		Weekend preceding the provincial championship.
Track & Field		Wednesday of the weekend before regional competition or, if rained out, the Saturday before regional competition.
Football		No later than the weekend preceding the provincial championship.
		Weekend before provincial championship.
Rugby		Weekend before provincial championship.

*Any other date must be approved by the Commissioner.

Any changes to the above must be approved by the SCZ Executive.

Playing Equipment

The official playing equipment for all Zone competitions will be that used for senior provincial competitions and ASAA approved.

Amendments

1. All policy items under may be amended by a majority vote of the general membership providing the amendments have been circulated to member schools as notices of motion at least two weeks prior to general meetings.
2. Notices of motion to amend policy may be waived where such amendments are clearly of a housekeeping nature and do not change the intent of the policy.

Senior High Sports

Badminton

1. The rules governing badminton shall be the laws of badminton as adopted by the ASAA, International Badminton Federation and the Canadian Badminton Association.
2. An area or division team will consist of two competitors in each of the following divisions: Boys (singles and doubles) Girls (singles and doubles) Mixed doubles
The age classifications are as set out by the ASAA:
Junior
Intermediate
Senior
3. If the number of competitors is eight or less in a category there will be only a one-section round robin. Playoffs will have 1st versus 4th and 2nd versus 3rd in the semi finals.
4. For tie breaking procedures see ASAA policy handbook badminton section viii I.C & 2.B

5. A competitor may only enter one event.
6. Each of the following districts will send the top two qualifiers in all five divisions to the Zone championship:
Chinooks Edge South Rocky View
Grasslands
Wheatland
Rangeland
Foothills
Three Hills
Bow Valley
(Sept. 2002)
7. All travel subsidies are to be returned to the participating schools. (April 1998)
8. A Zone banner will be awarded in each of the 1A, 2A, and 3A/4A categories based on ASAA format for calculating team points: one point awarded per match win. All match wins in singles qualifying round, round-robin play and playoffs are included.
9. **Hosts are rotated according to the following:**

2010	Strathmore
2011	Okotoks
2012	Airdrie
2013	Cochrane
2014	Olds
2015	Canmore
2016	Three Hills
2017	Brooks

Basketball

1. The playing rules governing basketball shall be the rules adopted by the ASAA.
2. In order to standardize 3A Zone competitions a handbook shall be written. Host schools shall follow the formats as outlined in the Zone play-off handbook. (April '99)
3. The Alberta Basketball Officials Association shall provide officials for Zone competitions.
4. There shall be as many competitions as there are school classifications.
5. Zone qualifying playoffs must be completed at least five days prior to the Zone tournament. (May 2000)
6. Any changes to the Zone tournament schedule within 72 hours of the start of the tournament, must have verbal communications from the coach(es) affected. (May 2000)
7. The host team receives an automatic berth in the Zone championship. (May 2000)
8. All 2A Zone competitions shall take the form of an eight-team Oregon draw and be carried out over two days. The commissioner shall seed the tournament.
9. All other Zone competitions may be single elimination or round robin as seeded by the commissioner. If a single elimination tournament is used a consolation side is compulsory.
10. All byes in the competition must occur in the first round.
11. All 1A and 3A schools are eligible for Zone competition.

12. 3A basketball championships shall be a modified double knock out draw. The teams shall be ranked with, if necessary, 5th hosting 12th , 6th hosting 11th, 7th hosting 10th, and 8th hosting 9th in a play-off game to enter Zones. The cost of officials shall be shared by both teams and the games are to be played no later than the Tuesday before the Zone championship.
13. There shall be no 7th or 8th place game in the 3A basketball championship.

Senior Varsity

IA

1. All tournaments are to be an eight-team Oregon draw if possible.
2. The host school is always in the tournament.
3. Three regional tournaments will take place the weekend prior to Zones. The hosts for these regional playoffs will be decided at the spring and fall SCZ meetings. The three regions are:

West	East
Olds Koinonia	Youngstown
Cremona	Rosemary
Carbon	Duchess
Trochu	Bassano
Standard	Siksika
Morley	Delia
Edison	Hussar
Tsuu T'ina	Cessford
Airdrie Koinonia	Morrin
Central Bow Valley	

4. The Zone competition will include the host and two teams from each of the regional tournaments.
5. There must be six teams registered in a region in order to receive two berths to Zones. If a region does not have six teams registered then there is a wildcard berth. Wildcards are to be determined by:
 - a. Provincial rankings (use the February rankings).
 - b. Regional/Zone rankings (to be determined by the basketball Commissioner and the regional/Zone host).
 - c. The wildcard berth(s) may come from any of the three regions.
6. All regional tournaments must be organized as an even draw. Tournaments, therefore, will include four teams, six teams, or eight teams. If there is an odd number of teams

registered for the tournament the following system will be used to even out the number of teams:

- a. If there are five teams entered in the tournament the 5th place team must challenge the 4th place team.
- b. If there are seven teams entered in the tournament the 7th place team must challenge the 6th place team.
- c. If there are nine teams entered in the tournament the 9th place team must challenge the 8th place team.
- d. If there are ten teams entered in the tournament the 10th place team must challenge the 7th place team, and the 9th place team must challenge the 8th place team.

7. Teams will be ranked using the same format as for wildcard berths. (Spring 2003)

2A

Section #1 All teams qualify for zone competition

Section # 2 Must confirm intent to compete

The Friday of the Mid-February provincial ranking period

- no late teams
- send email or fax to commissioner
- commissioner will send full list of teams entered to all entered schools and will have posted on zone website

Section # 3 Host school—AUTOMATIC ENTRY in zones

Section #4 Top four ranked zone teams—automatic entry

Top 3—if host school not ranked in the top four

- Ranking for section 4—by provincial rankings
- if not four schools ranked—commissioner will get the South Central Zone team ranking for each ranking period from provincial ranker

Section # 5 Other four zone berths to be awarded by ranking eligible teams and playing to advance:

- a) higher ranked team will host and provide officials
- b) lower ranked team will travel
- c) with no regional berths—playoff berths to be decided by the Friday Am of the week prior to zones.
(Amendment here to go later—OK—not change intent of Motion)

Rational: should be played the prior week to zones—Leagues need to note—do not run league play-offs that week.

--not best practice to compete the week of zones—especially multiple games. (injury factor)

d) Teams will be ranked by:

- 1 use of provincial ranking—from provincial ranker
- 2 zone ranker (Commissioner)
- 3 All coaches of teams competing

Section # 6 Zone tournament will have 8 team Oregon draw

--7th & 8th game optional

--draw will be reseeded after entry games (especially if host not ranked)

--Will run Friday-Saturday--weekend prior to the ASAA Provincial tournament

Section # 7 Commissioner-- will have zone rankings posted on zone web site following the release of the provincial ones

--get from provincial ranker—who should have ranked our zone in the South, Calgary and South Central section (names in handbook)
 --could do each team rank others point system – within zone

Potential Schools:

Acme	Drumheller	Oilfields
STS	Banff	Sundre
Hugh Sutherland	Prairie Christian	Beiseker
J.C. Charyk	South Central	Three Hills
Didsbury	Notre Dame Coll.	St. Joseph's
W. G. Murdock		

Schools close to AA
 Holy Cross Collegiate
 Siksika

Some play down draws. Based on Four automatic berths in Zones
 Top four ranked schools or
 Top three ranked schools and host.

These go from 18 schools down and are for playoff games to enter zones.

Winners of each night continue on until 8 spots are filled for zones.

Top 4 ranked teams are in: includes host

18 teams:

<u>Night 1</u>	<u>Night 2</u>	<u>Night 3</u>	<u>Zones</u>
18-17=x	X vs 9=D	A vs 5	1 vs
16-15=y	Y vs 10=C	B vs 6	2 vs
	14 vs 11=B	C vs 7	3 vs
	13 vs 12=A	D vs 8	4 vs

17 teams:

<u>Night 1</u>	<u>Night 2</u>	<u>Night 3</u>	<u>Zones</u>
16 vs 17	9 vs 16=A	5 vs D	1 vs
	10 vs 15=B	6 vs C	2 vs
	11 vs 14=C	7 vs B	3 vs
	12 vs 13=D	8 vs A	4 vs

16 teams:

<u>Night 1</u>	<u>Night 2</u>	<u>Zones</u>
16 vs 9=A	5 vs D vs 4	1 vs
15 vs 10=D	6 vs C vs 3	2 vs
14 vs 11=C	7 vs B vs 2	3 vs
13 vs 12=D	8 vs B vs 1	4 vs

15 teams:

<u>Night 1</u>	<u>Night 2</u>	<u>Zones</u>
15 vs 5=A	A—bye	1 vs
14 vs 9=B	B vs 8	2 vs
13 vs 10=C	C vs 7	3 vs
12 vs 11=D	D vs 6	4 vs

14 teams:

<u>Night 1</u>	<u>Night 2</u>	<u>Zones</u>
14 vs 13=A	5 vs A	1 vs
12 vs 11=B	6 vs B	2 vs
	7 vs 10	3 vs
	8 vs 9	4 vs

13 teams:

<u>Night 1</u>	<u>Night 2</u>	<u>Zones</u>
13 vs 12+A	5 vs A	4
	6 vs 11	3
	7 vs 10	2
	8 vs 9	1

12 teams:

<u>Night 1</u>	<u>Zones</u>
5 vs 12	4
6 vs 11	3
7 vs 10	2
8 vs 9	1

11 teams:

<u>Night 1</u>	<u>Zones</u>
5 bye	4
6 vs 11	3
7 vs 10	2
8 vs 9	1

10 teams:

<u>Night 1</u>	<u>Zones</u>
5 bye	4
6 bye	3
7 vs 9	2
8 vs 10	1

9 teams:

<u>Night 1</u>	<u>Zones</u>
	5 vs 4
	6 vs 3
	7 vs 2
8 vs 9=	vs 1

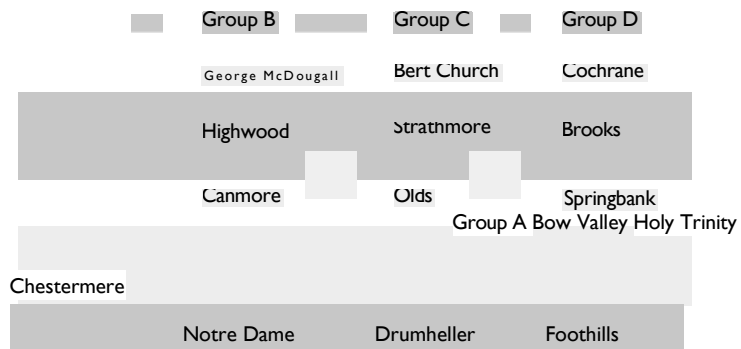
3A

The right to host 3A Zones will be awarded to a school that bids to host and is highest on the rotation. If a team that is at the top of the rotation does not bid then their position on the list will remain. After two consecutive years of not bidding this school will move to the bottom of the list.

- I. In order for the bid to be legal, the school bidding must:
 - a. Submit the bid to the Zone Secretary by the spring motion submission deadline.

- b. The intent to host must have the school principal's signature.
- c. The bid must name the school contact person in charge of the tournament.
- d. The bid must contain a statement of commitment to abide by the rules and guidelines as set forth by the one. (April '99)

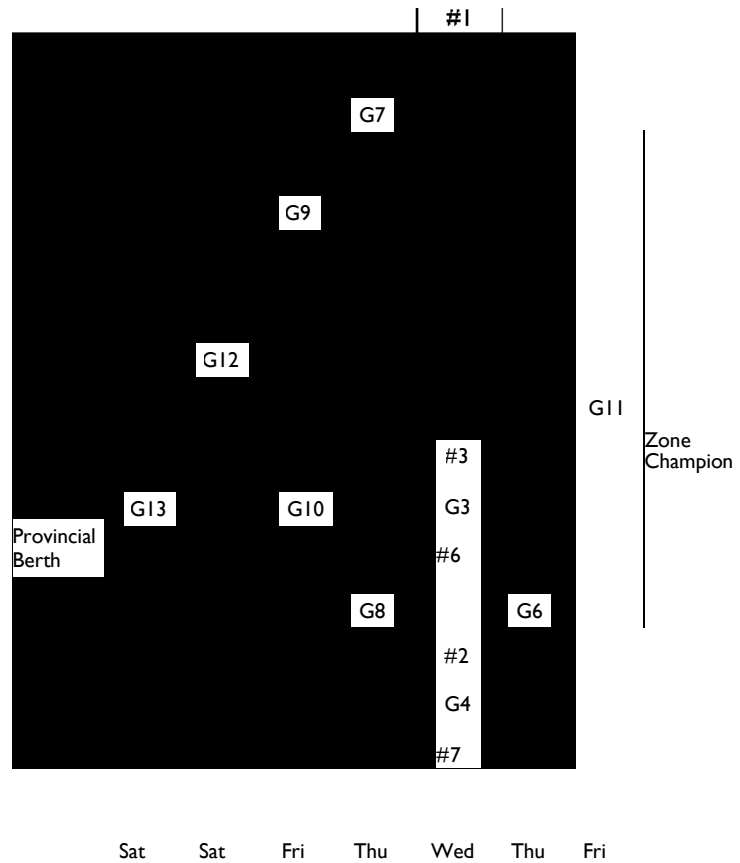
3. Host Rotation



Year	Girls VB	Boys VB	Girls BB	Boys BB
2006-07	A	B	C	D
2007-08	D	A	B	C
2008-09	C	D	A	B
2009-20 10	B	C	D	A

- 4. If the Zone has one representative to provincials then the SCZ championships shall be an Oregon draw.
- 5. If the Zone is guaranteed two representatives to provincials the tournament draw is set at double elimination starting Wednesday evening.
- 6. If the Zone is guaranteed three representatives to provincials then Game 13 is removed.
- 7. First round playoff games are hosted by the higher ranked team.

Eight-team Draw (double knock-out, back door)



Pre-Zone Play-off

#11 vs. #6 = 6th Seed Game #10

vs. #11 = 7th Seed Game #9 vs.

#8 = 8th Seed Game

Grade 12 Basketball All-star Game

- I. Grade 12 boys and girls will play in either 1A/2A all-star games or 3A/4A all-star games.

2. The games will be held on the first Wednesday following provincial championships, with the girls playing at 6:00 pm and the boys at 7:45 pm.
3. The financial responsibility will be that of the host school.
4. All participants will pay a fee of \$25.00 to cover the cost of referees, team pictures and a numbered T-shirt (uniform).
5. The host school will arrange the game referees, T-shirts and team pictures.

Junior Varsity

IA/2A

The Zone is broken down into six regions, each with one berth, plus host and wildcard berths. Areas without teams mean additional wild card berths going to the areas with the most entries.

Region A	Crossfield, Beiseker, Banff, Airdrie Koinonia, Bears paw, Our Lady of the Snows
Region B	Oilfields, Siksika, Notre Dame, Edison, Strathcona Tweedsmuir
Region C	Didsbury, Sundre, Carstairs, Cremona, Olds Koinonia
Region D	Prairie, Acme, Three Hills, Trochu, Carbon, Standard, Hussar, Central Bow Valley, Holy Cross
Region E	Hanna, Oyen, Youngstown, Delia,, Morrin, St. Anthony's
Region F	Bassano, Tilley, Duchess, Rosemary, St. Joseph's (Sept. 2002)

3A/4A

Host Rotation

Group A	Group B	Group C	Group D
Bow Valley	George McDougall	Bert Church	Cochrane
Holy Trinity	Highwood	Strathmore	Brooks
Chestermere	Canmore	Olds	Springbank
	Notre Dame	Drumheller	Foothills

Year	Girls VB	Boys VB	Girls BB	Boys BB
2006-07	D	C	B	A
2007-08	A	D	C	B
2008-09	B	A	D	C
2009-20 10	C	B	A	

Cross Country

1. Zone event classifications for both boys and girls events shall be the same as ASAA event classifications.
2. Zone event distances for both boys and girls shall be the same as ASAA event distances.
3. The meet shall be run in accordance with the track and field rules published by the International Amateur Athletic Federation (IAAF).

4. The fee charged to schools participation in the SCZ championships shall be \$5.00 per competitor. (Sept. 2002)
5. All entries will be by individual school.
6. A competitor may enter only one event.
7. A Zone banner will be awarded in all three high school categories (1A, 2A, and 3A/4A). A team champion is determined using the ASAA scoring format. (April, 2002)
8. A team may have unlimited members in each category - junior, intermediate and senior - but only the top four from any school will be scored.
9. A team championship shall be awarded in each category. In order to qualify, each school must have four runners finish. The following format shall be used to determine total points. Any school without a complete top four, the school will replace the remaining third and fourth places with last place plus one. Every category must have two runners to create a team. The school with the lowest total points is the category champion.

E.g.

Event Rank	Points
1	1
10	10
15	15
20	20
Junior Girls Team Total 46 points	

10. An overall 1A, 2A, 3A/4A SCZ aggregate champion shall be determined in accordance with the following scale:

Event Rank	Aggregate Points
1	1
2	2
3	6
4	4
5	2
6	1

Curling



1. All members of a rink must meet ASAA eligibility and registration regulations.
2. High school students who advance to the provincial junior

men's or provincial junior women's championships are eligible to compete in SCZ curling competitions in the same school year, as per ASAA policy on the division of provincial junior teams amongst school teams.

3. A high school student is eligible to play on one representative school team only.
4. There will be three Zone competitions

Boys

Girls

Mixed

5. Each rink will consist of five students (boys and girls) and six students in mixed curling.
6. The teams shall compete with four a side. In mixed curling, a rink shall be composed of two girls and two boys with girls and boys alternating at various team positions.
7. All games will be eight ends in duration with a coach's break after the fourth end. (Spring 2003)
8. Competition in each classification - boys, girls, and mixed - shall be as per ASAA rules. There shall be a regular two-event elimination curling draw.
9. Competition will be held as a two-day event. The event will have two pools with a semi-final cross over, similar to that of provincial play. (Spring 2003)
10. The rules governing curling shall be the rules of the Canadian Curling Association.
11. ASAA rules governing competition will be observed with the exception of those previously stated.
12. The host has the option of filling any gaps in the tournament first before getting teams from other districts.
13. Curling has seven areas and a host:
Chinooks Edge South
Rocky View Grasslands

Wheatland
Rangeland
Foothills/Bow Corridor
Three Hills/Drumheller
Host
(Sept. 2002)

Golf

1. The playing rules of the Canadian Professional Golfers' Association and local rules, as proclaimed by the host club, shall govern the SCZ golf tournament.
2. There shall be four Zone team competitions:
 - 1A/2A boys
 - 1A/2A girls
 - 3A/4A boys
 - 3A/4A girls(Sept. 2002)
3. Each area or district boys or girls team shall consist of four members from the same school who shall play one round of 18 holes.
4. A team's score shall be compiled for each round using the best three gross scores on each hole. As stated in the ASAA policy handbook section XIV Golf D events 2C.
5. There shall be two individual competitions, one for boys and one for girls.

6. Each school district shall be represented by one male and one female team and one female golfer and one male golfer.
7. An individual competitor may be a declared member of his/her area team. However, an area champion who does not belong to a team may also be the area representative.
8. Each individual competitor shall play a round of 18 holes and the gross score will determine the champion. Low gross male and low gross female represent the Zone as individual competitors.
9. A team consists of four members only. A school may not send an alternate.
10. In individual competition, four girls and four boys may represent the Zone; two each from 1A/2A and two each from 3A/4A.

Track & Field

1. The IAAF rule book will govern all Zone competitions, subject to any modifications accepted by the ASAA.
2. The fee charged to schools competing at the SCZ championship shall be \$5.00 per competitor.
3. Each area or district will be allowed two entries in each event. The exception is in relays, where one entry is allowed.
4. SCZ representatives at provincials are the first and second place finishers in all events. Competitors unable to attend the provincial competition must leave a notice of intent with

the Zone competition host to avoid financial responsibility for the cost incurred by the Zone at further competitions (with exceptions for third place in events designated by the ASAA).

5. In order to fill the lanes in Zone relays, each division should be able to send a second team. If more than eight teams register, the host will run two heats and the best two times advance to the provincial championship.
6. Zone competitions will be governed by ASAA regulations with the exception of those mentioned above.
7. The following is a rotational system for hosting SCZ senior high track and field meets:

2007	Rocky View
2008	Rocky View
2009	Foothills
2010	
2011	

8. The top two will qualify out of each region for Zones:
Chinooks Edge South
Rangeland
Rocky View
Foothills
Grasslands
Three Hills
Wheatland
Bow Valley
(Sept. 2002)

Volleyball

- I. The rules of Volleyball Canada shall govern SCZ volleyball competition, with the exception of the provisions listed below.
2. The modified twelve substitution rule shall be used in all senior high volleyball competitions. If the ASAA adopts the unlimited pair entry then so shall the SCZ.
3. Timeouts shall be one minute in duration.
4. The SCZ recognizes the Alberta Volleyball Association as the official organization for training and certifying of officials and gives its full support by using certified neutral officials.
5. It is the responsibility of the Zone competition chairperson to ensure that minor officials - linesmen and scorekeeper - are properly trained and present.
6. If seven teams are entered, the Commissioner and host may add an eighth team.
7. When preparing round-robin sections, teams are to be seeded according to their area or division record.
8. Zone playoffs will be consist of two pools with a crossover as per ASAA policy.
9. The volleyball Commissioner, upon consultation with the Executive and Zone host, have the flexibility - in the case of an emergency or last-minute special situation - to suggest the best (most fair) draw for the situation.
10. Time outs shall be one minute in length.
11. A modified twelve substitution rule is to be used: a.
 - A team shall be allowed a maximum of 12 substitutions in any one game.

- b. A player may leave the game and re-enter the game, but only for the same player. Players are tied together, i.e.: #7 and #12 are attached for that game. They must re-enter for each other. (April '99)
- c. A substitute may enter the game twice and then he/she is finished.

Senior Varsity

IA

1. All IA school volleyball teams are eligible for Zone competitions.
2. IA volleyball competition involves an eight-team tournament. The host receives two berths and the other one or two are placed according to a rotation system.
3. If there are eight or more participating teams in IA Zones there will be an eight-team, two-pool tournament. Teams will qualify through an east/west tournament with the top four teams going to Zones. The Zone host will automatically qualify in one of the four spots.
4. All round-robin and play-off matches shall be the best two out of three games, the first two games being played to 25 points and the third to 15 points. There is no points cap on any of the games.
5. The playoffs for twelve or more teams will commence Saturday.

Draw

6. If there are only two pools (fewer than 12 teams) then the top two teams from each pool shall be in the semi finals with A1 playing B2, and B 1 playing A2.
7. Ties are broken according to ASAA rules.

8. Regional play-offs feature teams from the following:

West	East
Olds Koinonia	Youngstown
Cremona	Rosemary
Carbon	Duchess
Trochu	Bassano
Standard	Siksika
Morley	Delia
Edison	Hussar
Tsuu T'ina	Cessford
Airdrie Koinonia	Morrin
Central Bow Valley	

9. Zones will consist of one host, one Calgary Area team, three East teams, and three West teams.
10. All teams must register in their region two weeks prior to the regional tournament. Regional hosts are responsible for contacting Zone hosts. (Sept. 2002)

2A

1. All 2A schools are eligible for the Zone competition.
2. If there are more than 12 teams registered, there will be a regional playoff. East and West play off to determine the eight teams that will play at the Zone championship. Regional games are to be held one week prior to the Zone competition. The Zone host must be one of the eight

teams. Rankings for the Zone tournament can come from seasonal play and the regional playoff. The dividing line between regions is Highway 2.

East	West
Acme	Banff
Beiseker	Oilfields
Hanna	Carstairs
Oyen	Cremona
Siksika	Crosfield
Prairie	Didsbury
Three Hills	Strathcona Tweedsmuir
Trochu	Sundre
St. Joseph's	

3. Two courts are required for both the boys and girls Zone competitions.
4. Competition for boys and girls shall be two sections of round robins. Round-robin matches shall consist of the best two of three games.
5. Upon completion of the round robin, the top three teams from each section will advance to an elimination match. First place teams from each section receive a bye; second place teams play third place teams from the other section. The winners of the two matches play the first place teams to determine the finalists. The finals and semi-finals will be the best two out of three games (played to 25 points for the first two, played to 15 points for the final game, with no cap on any games).

- 3A**
1. All 3A schools will be eligible for Zone competition.
 2. Pools are played according to the following:
 - a. If there are seven or fewer teams there will be a full round robin with each match played rally point to the best of three games. The first two games are played to 25 points, no cap. The third game is played to 15 points, no cap. The Commissioner and host will try to fill the eighth spot.
 - b. If there are eight or more teams there will be two pools with the highest ranked team playing in the pool with the fewest number of teams.
 - c. If at all possible the ranking of pools should be as follows:
 - i. Pool A: 1, 4, 5, 8, 9, and 12
 - ii. Pool B: 2, 3, 6, 7, 10, and 11
 - d. If there are nine teams, the highest rank team will be placed in the pool of four.
 - e. The Commissioner, along with other Zone coaches (via fax or email) will determine rankings within pools based on the results of play during the season.
 3. Game play is formatted with the following:
 - a. All matches shall consist of rally point scoring to the best two of three games. The first two games are played to 25 points, no cap. The third game to 15 points with no cap.
 - b. Upon completion of round-robin play, the top three teams of each section advance to an elimination match. The first place team from each section receives a bye; the second place teams play the third place teams from the other section. The

winner of the two matches play the first place teams to determine the finalists.

c. Tie breaking procedures:

i. The Volleyball Canada tie-breaking procedure, outline below, is used. This system is used to rank teams in a section, but is not used to eliminate a team. If teams are tied for the last play-off spot, the lowest ranked team will play one game to 25 points (no cap, win by two points) against the next lowest ranked team. If the winner of this game is still tied with another team for the last play-off berth, these two teams will play one game to 25 points (no cap, win by two points) and so on, until the winning team is no longer tied for the last berth. For each of these elimination games, there will be a minimum warm-up of 15 minutes that includes five minutes of serving per side. If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:

- The team having the best ratio of won/lost matches, considering only matches played between the tied teams, will be ranked higher.
- The team having the best ratio of won/lost games, considering only matches played between the tied teams, will be ranked higher.
- The team having the best ratio of won/lost games, considering all

matches of the round, will be ranked higher.

- The team having the best ratio of points for/against, considering only games played between the tied teams, will be ranked higher.
- The team having the best ratio of points for/against, considering all games played during the round, will be ranked higher.
- Any game needed to break ties will be a single game, rally point scoring to 25 points with a two point difference to determine placing.

ii. Matches or games between tied teams

means that only matches or games involving tied teams should be included in the calculation. Ratios are calculated using won/lost ratio, not lost games/games won.

4. The 3A Zone volleyball tournament shall be a 12-team draw with Brooks, Canmore, Drumheller, Olds Strathmore, the top three of four from Foothills and the top four of six from Rocky View. If additional teams are needed the host school and/or Rocky View would get first choice, followed by Foothills. (April 2002)
5. Host Rotation

Year	Girls VB	Boys VB	Girls BB	Boys BB
2006-07	A	B	C	D
2007-08	D	A	B	C
2008-09	C	D	A	B
2009-20 10	B	C	D	A

Junior Varsity

1A/2A

The Zone is divided by Highway 2 into East and West. The Zone tournament shall be a one-team team tournament with six teams coming from the East and four teams coming from the West. The host is to be included in these numbers.

(Sept. 2002)

3A/4A

Host Rotation

Year	Girls VB	Boys VB	Girls BB	Boys BB
2006-07	D	C	B	A
2007-08	A	D	C	B
2008-09	B	A	D	
2009-20 10	C	B	A	D

Cheerleading

I. The rules

- governing cheerleading shall be determined by a committee that includes the Commissioner and the director for girls' athletics. These rules shall be distributed well in advance of the provincial meet so that all coaches and participants will be familiar with them prior to competition.
2. A team shall consist of four or more members with all team members being students of the same school.
 3. Athletes compete in the following categories:
 - a. Small squad (one male, 4- 12 members)
 - b. Large squad (one male, 13-20 members)
 - c. Co-ed squad (two or more males, 4-20 members)
 4. The Zone competition shall be open.
 5. Each area may select a maximum of two teams as representatives of the area at the Zone competition.
 6. Judging criteria will include:
 - a. Showmanship
 - b. Precision, group unity
 - c. Voice
 - d. Spirit
 - e. Strength and flexibility moves
 7. A school's cheerleading team shall be the same group that cheers for the school during athletic contests throughout the year. The Association Cheerleading competition is designed as the culmination to the season and it is not intended that cheerleaders separate themselves from supporting the inter-scholastic athletic program.

A competition routine shall be a maximum of five minutes long. At least one and a half minutes must be done without music.